

BULGARIAN PUPILS' DUO SCRIPTS



Erasmus + programme

KA2 PROJECT

2014-1-BG 01-KA201-001396_1



Co-funded by the
Erasmus+ Programme
of the European Union

LIFE IS A MUSICAL THING

This duo script has been created by Simona and Nikola from FLS 'Ekzarh Yossif I' – Lovech, Bulgaria - by adapting Alan Watts' famous quotes to an everyday situation.

They performed their duo in Manisa, Turkey during the sixth short-term exchange of groups of pupils under the FACT project.



Wife: Ahh, I can't believe it. He is not answering my call on such a special day... I'll try again...

Husband: There's nothing to worry about, honey. I'm sure he will come; perhaps it is something urgent that keeps him busy.

Wife: Yeah, I'd better not disturb him... Ohh, wait, he is calling.

Wife: Hello, kiddo, what are you doing?

Son: Nothing, wondering what to do tonight. You know - I have to relax after a long day at work.

Wife: I'm pretty sure you have a special dinner engagement for tonight, dear.

Son: Actually I don't.

Wife: Son, are you saying you won't come tonight?! We've been waiting for you all day!

Son: Waiting for me? What are you talking about?

Wife: You must be kidding; I told you two weeks ago when we last spoke on the phone...What date is today?

Son: Oh, man, I've completely forgotten about your wedding anniversary. How could I?! I'm so sorry, mum...

Wife: Yes, right, our golden wedding with your daddy... Perhaps, you can still

manage... It won't be a real party without you around... Hello? Son? You still there?

Wife: Oh, nooo, the line went dead. Is it possible he simply rang off?!

Husband: No wonder; it's just like him, honey. Our son has never paid much attention to our family traditions...You know how it is with younger generations...

Wife: He is no longer a kid! He must have learned by now how much I hate his absent-mindedness.

Husband: Shall I call him to make him change his mind?

Wife: No way. If he wanted to join us today, he would be driving right now. Oh, how could he forget?!...

Husband: Don't be sad, darling. Our son is not worse than any young man his age. You know what I mean, don't you?

Wife: I guess you are right, but still...And what about all the food I prepared today? Even if we could finish it ourselves, it wouldn't be good for our stomachs and blood pressure... Hahahaha

Husband: Don't worry. We can share it with the neighbors' grandkids ... They will be delighted with your cheese cake, I can bet on it.

Wife: Well, what now...all my plans for a great party have been swept away in the blink of an eye... (a deep sigh)

Husband: "No valid plans for the future can be made by those who have no capacity for living now." So, let me enjoy your company over a glass of Bulgarian

red wine. I have bought a bottle of the best year especially for you, my love.

Wife: Oh, darling, after 50 years of marriage you still manage to cheer me up
(simulating a hug)

----INTRO---

Husband: There are times in our lives when we face hardships that seem impossible to overcome; times when we feel like just stopping and giving up — seeing no reason to go on. It is during those times that we need a bit of inspiration. So we can be thankful for the wonderful gift of life and that, despite the trials, there are always reasons for us to keep moving forward.

Wife: When you find yourself in need of a jolt to keep going, here are some inspiring quotes by Alan Watts to draw some strength from and understand life along with yourself. He was a British philosopher, writer, and speaker, best known as an interpreter and populariser of Eastern philosophy.

Husband: Alan Watts spent almost his entire life teaching people how to unlearn everything society has taught them, to discover and follow their bliss, and most importantly, to find stillness in the present moment.

Wife: Honeyyyy, guess what - they are playing ‘The tree of life’! I’ve seen the trailer; we have to watch it! Too bad we cannot afford eating popcorns like we did in the past... With these artificial teeth...

Husband: Hahahaha, too bad, indeed. Cheers, baby! To you!

Wife: To you, my love! Cheers! Oh, this movie is really amazing; it makes me brood over my own life experience...

Husband: This impulse for description over experience, for attempting to make sense of reality by standing outside it, rather than surrendering to it, is symptomatic of the divided mind — the mind that robs us of inner wholeness.

Wife: As long as the mind is split, life is perpetual conflict, tension, frustration, and disillusion. Suffering is piled on suffering, fear on fear, and boredom on boredom... But the undivided mind is free from this tension of trying always to stand outside oneself and to be elsewhere than here and now. Each moment is lived completely, and there is thus a sense of fulfillment and completeness.

Husband: When ... you realize that you live in, that indeed you are this moment now, and no other, that apart from this there is no past and no future, you must relax and taste to the full, whether it be pleasure or pain. At once it becomes obvious why this universe exists, why conscious beings have been produced, why sensitive organs, why space, time, and change. The whole problem of justifying nature, of trying to make life mean something in terms of its future, disappears utterly. Obviously, it all exists for this moment. It is a dance, and when you are dancing you are not intent on getting somewhere... The meaning and purpose of dancing is the dance.

Wife: 'Real isn't how you are made... It's a thing that happens to you.' We have all

met those who are trying very hard to be real persons, to give their lives Reality (or meaning) and to live as distinct from existing. I have never yet met anyone who tried to become a real person with success. The result of such attempts is invariably loss of personality, for there is an ancient paradox of the spiritual life whereby those who try to make themselves great become small. The paradox is even a bit more complicated than this; it also means that if you try, indirectly, to make yourself great by making yourself small, you succeed only in remaining small. It is all a question of motive, of what you want. Motives may be subtly concealed, and we may not call the desire to be a real person the desire to be great; but that is just a matter of words.

Husband: So many modern religions and psychologies make this fundamental mistake of trying to make the tail wag the dog, which is what the quest for personality amounts to. When we revere real personality in others, we are liable to become mere imitators; when we revere it as an ideal for ourselves, here is the old trouble of wanting to make yourself great. It is all a question of pride, for if you revere Life and Reality only in particular types of personal living, you deny Life and Reality to such humble things as, for instance, saltshakers, specks of dust, worms, flowers, and the great unregenerate masses of the human race... But a Life, a Reality, a Tao that can be at once a Christ, a Buddha, a Lao-tzu, and an ignorant fool or a worm, this is something really mysterious and wonderful and really worth devotion if you consider it for a while... For Life and Reality are not things you can have for yourself unless you accord them to all others. They do not

belong to particular persons any more than the sun, moon and stars.

Wife: "It is in this kind of meaninglessness that we come to the profoundest meaning." "Life exists only at this very moment, and in this moment it is infinite and eternal. For the present moment is infinitely small; before we can measure it, it has gone, and yet it persists forever." Life is also basically playful. There is no necessity for it whatsoever. It isn't going anywhere. It doesn't have some destination that is ought to arrive at. But it is the best understood by analogy with music. Because music, as an art form, is essentially playful. We say you play the piano, you don't work the piano. But why?

Husband: Because music differs from, say, travel. When you travel, you are trying to get somewhere. In music, though, one doesn't make the end of the composition. The point of the composition. If so, the best conductors would be those who played fastest. And there would be composers who wrote only finales. People would go to concert just to hear one crackling chord because that's the end! Same way with dancing. You don't aim at a particular spot in the room because that's where you should arrive. The whole point of the dancing is the dance.

Wife: But we don't see that as something brought by our education into our everyday conduct. We've got a system of schooling which gives a completely different impression. It's all graded and what we do is put the child into the corridor of this grade system with a kind of „Come on, kitty, kitty!" And you go to kindergarten and that's a great thing because when you finish that you get into

first grade...and then come on first grade leads to second grade and so on and then you get out of grade school – you got high school. And it's revving up, the thing is coming, you're going to college...And then graduate school, and when you are through with graduate school – you go out to join the world.

Husband: And all that time the thing is coming. That great thing. The success you're working for. Then when you wake up about 40 years old and you say: „My god, I've arrived. I'm there!" And you don't feel very different from what you've always felt. Look at the people who live to retire, to put those savings away. And then when they're 65 they don't have any energy left. They go and rotten in some senior citizens community.

Wife: Because we simply cheated ourselves the whole way down the line. We thought of life by analogy with a journey, with a pilgrimage, which had a serious purpose at the end. And the thing was to get to that end. Success, or whatever it is, or maybe heaven after you're dead. But we missed the point the whole way along. Life is a musical thing and you are supposed to sing or to dance while the music is being played.

ID, EGO AND SUPEREGO

This duo script has been written by the twin sisters Aylin and Selin from FLS 'Ekzarh Yossif I' – Lovech, Bulgaria - after a serious research on Sigmund Freud's Psychoanalysis.

They performed their duo in Manisa, Turkey during the sixth short-term exchange of groups of pupils under the FACT project.



Aylin: *Id*

Aylin: *Superego*

Selin: *Ego*

Ego: Oh, my goodness! The bell will ring in 10 minutes, and I am absolutely not ready for my English exam! I am so nervous... Well, let me see - conditional sentences mixed type.. What were they about? My mind is a total mess right now! Mrs Ayşe Nur Canuyar will be very disappointed with me. She is my favourite teacher, and I will feel miserable if I fail the test...

Superego: Well, how many times should I remind you that you have to learn how to plan your time better? Let me see, what did you do yesterday after classes? Did you learn your lessons? Oh, no - you went to the beauty parlor to fix your nails, instead. Now, don't blame me for not warning you.

Ego: I know, I know... you are always right. But don't you get it? I am in love for the first time in my life! I can't help it; I need to draw his attention with my perfect looks.

Id: Of course, you have to! Don't pay attention to Superego; it always ruins the best moments with its moral issues... Bla bla bla... Look at me, I am your Id, and I meet your needs. As the most basic part of your personality, I want instant gratification for all your desires! So, don't worry about such trifles like an English test... Think about yourself first!

Ego: My dear Id, as your Ego, I have to deal with reality, trying to meet your wants in ways that are socially acceptable. Other people have needs and desires too, and being selfish is not always good for us in the long run. I am really tired of delaying gratification, and helping to get rid of the tension you feel if a desire is not met right away.

Superego: As your superego I develop last, and I am based on morals and judgments about right and wrong. Sometimes I may reach the same decision about something just like you, Ego, but my reason for that decision is more based on moral values, while your decision is based more on what others will think or what the consequences of an action could be.

---- INTRO-----

Ego: My dear friends, are you already confused? Well, let me explain to you: the id, ego and superego work together in creating behavior. The id creates the demands, the ego adds the needs of reality and the superego adds morality to the action which is taken.

Superego: The id, ego, and superego are names for the three parts of the human personality which are part of Sigmund Freud's psychoanalytic personality theory. According to Freud, these three parts combine to create the complex behavior of human beings....

Ego: Oh, my gosh, here he is... What shall I do?

Id: Go and talk to him! Look how cool he is! Go get him!

Superego: Yes, he is very handsome, indeed, but can you just go up to him; he doesn't even know you? it will be best if you calm down, and do nothing at all!

Ego: Should I wait for him to notice me and, maybe, he'll talk to me first?

Superego: I think it's best that way. After all, you are a young lady. A true gentleman should make the first move.

Id: Are you crazy? He will pass you by without even noticing you. You have to start a conversation with him now, don't miss this opportunity!

Ego: Wow, our eyes just met!! Has he finally noticed me? What should I do?!

Id: Such a gorgeous girl cannot be left unnoticed! Sway your lovely hair or wink at him! He will come to you at once!

Superego: He isn't even looking your way. Don't do something that will embarrass you! Let him initiate the flirting.

The Ego starts swaying her hair, looking towards the boy's direction.

Ego: Am I acting out the right way? Or, am I going too far with winking? What if he thinks I'm crazy?

Superego: Please behave yourself! This is shameful! If he likes you, he'll come to you himself!

Id: Well done! Perfect! Now he's a sure thing! One more wink and he'll start talking to you! I'm absolutely sure!

The boy is going away...

Ego: Oh, no! He is going away! Now what?

Id: Go after him and draw his attention! You are running out of time!

Ego: Isn't it rather foolish? And what shall I tell him when I stop him? Oh, I am so confused!

Superego: No, no, no – don't do anything like that! Listen to me if you don't want to feel ashamed afterwards!

Id: Oh, come ooon! You must do something before he leaves! Else, you will be sorry! Listen to me, ruuuuuuuun!

Superego: Don't listen to Id! Listen to your Superego!

Id: Don't pay attention to Superego's nonsense! You know I am right!

Superego: You are so primitive! I am the one with grace and refinement! Please, listen to my advice and behave as you are expected to!

Ego: Both of you – stop it!!! I can't stand you anymore! I am going nuts with your never-ending arguments!

Superego: You know I just want to help you make the right choice! Id is the one that is always creating a mess!

Id: Me?! Hahaha; look at yourself! You are so boring and annoying with your morals! Ego, simply ignore her!

Ego: That's it; I've had more than enough! Instead of giving me a helping hand, you've ruined everything! Both of you – be quite right now!

At that moment the bell is ringing...

Ego: Ahhhhh, the bell is ringing... Please, everyone cross your fingers. If sentences: zero type, first type, third type, mixed type; real/unreal condition...



Thank you for your
attention!