Erasmus+

Outdoor games in Bulgaria doomed to extinction...

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Few decades ago, Bulgarian kids used to play different games in the street. They had a lot of fun and kept some unforgettable memories for a lifetime.
Today's children, however, play computer games and stay at home. They have no idea how magical their parents' childhood was.
Hopefully, this presentation will revive some forgotten, but truly entertaining, games from the past.

## Dodgeball in Bulgaria

- The kids are divided in two teams
- Every team chooses a 'consul'. The two 'consuls' stand behind the border line of the rival team.
> The aim of the game is to hit with the ball, and to disqualify, people from the other team.
- A kid who is hit but fails to catch the ball goes behind the border line of their 'consul'.
- Before starting to shoot, the participants have to pass the ball three times to their 'consul'.
- When all the players of a team are hit, their consul goes into the field and another teammate becomes a 'consul'.
- The game ends when the consul is finally hit, too.



## Chilik

- The 'chilik' is a 12-18 cm long square-shaped stick, exacerbated at both ends. The Roman numerals|, III, V and X are carved on the four sides.
- A hole is dug in the ground.
- A kid puts the 'chilik' across the hole and throws it forwards.
- The player goes to 'chilik' and sees the number of its upper side.
- The player hits the end of the 'chilik' with a stick, and it jumps. The aim is to strike it and to send it as far away as possible.
- Once the'chilik' falls onto the ground, everything starts anew. The Roman numeral shows how many times you have to repeat this.
- The distance is measured between the last place where chilik fell and the starting point.
- The player who achieves the longest distance wins the game.

- "Chocolate" is a Bulgarian game that children used to play outside.
- It consists of 6 squares.

The field looks like this:


- Third level: you have to jump like in the first level but with each jump you have to knock your feet.
- Fourth level: you have to jump in the squares, and when you step inside you must slide back your feet a little (without touching the line).
- Fifth level: you have to step in the squares but your eyes have to be closed. If you don't step on the line, the other players say "ROSE", and if you step on it - "CREAM".
When you complete all the 5 levels without making mistakes, you have the right to write your initials in one of the squares; then the rest of the players are not allowed to step on your square.


## Playing with a piece of elastic

This game can be played by three or more children.

- The child should not step on the elastic or touch it.
- If a player makes a mistake, another kid takes their turn.

- The game has several levels: the height of the elastic grows, and the ways to jump vary. Each level is more difficult than the previous one.
- The four-level game is mostly played: the 1st level - the elastic is on the ankles; the second one- on the knees; the third one - on the hips. The last one is on the waist.


Non-tech games are not only entertaining; they also contribute to children's physical and mental development.

When kids play together in the open, they make friends. Some of these grow into lifelong friendships.

Are you ready to play 'Hide and Seek'... after you finally shut down your PC?!

## The real world is so beautiful...

## THANK YOU FOR RECONSIDERING

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